

Feb 2012 Class Substitutions & Cancellations

<i>Thursday 2nd</i>	<i>8am</i>	<i>All About Legs/Abs</i>	<i>Sabrina</i>
	<i>10am</i>	<i>Gracefully Fit (strength)</i>	Cancelled
	<i>11am</i>	<i>30min SPIN Express</i>	<i>Jill</i>
<i>Saturday 4th</i>	<i>9am</i>	<i>Total Body Burn</i>	<i>Christine</i>
<i>Monday 6th</i>	<i>4pm</i>	<i>Circuit Training Express</i>	<i>Christine</i>
	<i>5:15pm</i>	<i>SPIN</i>	<i>Sabrina</i>
<i>Tuesday 7th</i>	<i>8am</i>	<i>All About Arms/Abs</i>	Cancelled
	<i>10am</i>	<i>Gracefully Fit (any format)</i>	Cancelled
<i>Friday 17th</i>	<i>6:15pm</i>	<i>Circuit Training</i>	<i>Hannah</i>
<i>Sunday 19th</i>	<i>11am</i>	<i>Cardio</i>	<i>Christine</i>
<i>Tuesday 21st</i>	<i>7:15pm</i>	<i>Yoga</i>	<i>Dionne</i>
<i>Wednesday 22nd</i>	<i>7:15pm</i>	<i>Yoga</i>	<i>Christine</i>