

6th Annual Duanesburg 5K Dash Saturday, October 23, 2010



221 Victoria Drive
Delanson, NY 12053
Phone: (518) 895-9500
Fax: (518) 895-9501

Kids Fun Run Starts @ 8am

Walk /Run Starts @ 9am

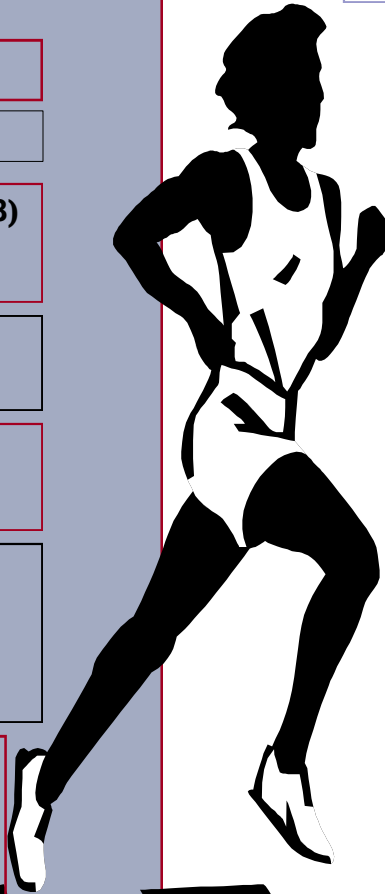
**Early Registration Fee: \$15 (by- 10/18)
Day of Race Walk/Run Fee: \$20**

**1 Mile Fun Run for Youngsters
Ribbons for ALL Fee: \$5**

**Awards 3 Deep in 13 age groups
NO Duplicates**

Age Groups				
10 and under				
11-15	26-30	41-45	56-60	71-75
16- 20	31-35	46-50	61-65	76-80
21-25	36-40	51-55	66-70	81and older

**DACC Race Souvenir
For 1st 100 PRE-REGISTERED
(by 10/18)
5K Runners/ 5K Walkers**



**Fulmont Roadrunners
Grand Prix Event**

**To register online
Go to
WWW.ACTIVE.COM**

**Our award ceremony
will follow in the
community room.
This years awards
reflect our Duanesburg
Roots. Special and
Original!! A must have!!**

**The race route is
a challenging rolling hill
layout.
Great for all levels!!**

**Contact Person:
Darcie Adams
dadams@dacc.info
www.dacc.info
895-9500 X114**

Duanesburg Walk/Run Entry Form

Please Print Name _____ Sex _____ Age (as of 10/23/10) _____

Address _____ City _____ State _____ Zip _____

Phone: _____ Email Address _____

Please choose race to enter: 5K Walk _____ 5K Run _____ Kids 1 Mile Fun Run _____
(One form per registration)

In consideration of your accepting this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I might have against the Duanesburg Area Community Center (DACC), and any officials or promoters of this event and assign for all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the completion of the walk or run. A licensed medical doctor has verified my physical condition.

Signature _____ Date _____

Parent Signature (if participant is under 18 years old) _____